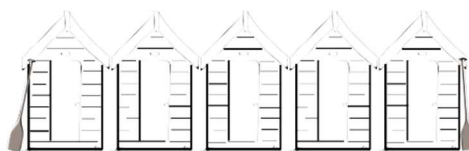




#THEPADDLE @THEPADDLECAFE



# BREAKFAST MENU

Served from 8am – Wed – Sat (9am – Tuesdays & Sundays)

Why not enjoy with one of our fresh juices, smoothies or coffee?

## BRUNCH TIPPLES

MIMOSA

BLOODY MARY

£8 EACH or 2 for £15

### THE ULTIMATE PADDLE 11.50

2 Smoked Streaky Bacon, 2 Chris Watson Sausages,  
Homemade Baked Beans, Hash Brown, Flat Mushroom,  
2 Toast, 2 Free Range Eggs  
Add Organic Black Pudding £2.00

### THE FULL PADDLE 8.50

2 Smoked Streaky Bacon, Chris Watson Sausage,  
Flat Mushroom, Tomato, 2 Free Range Eggs, Toast  
Add Homemade Baked Beans 1.75

### THE VEGGIE PADDLE 8.50

Flat Mushroom, Tomato, Spinach, Avocado,  
2 Free Range Eggs, Toast (V)

### THE VEGAN PADDLE 9.50

Flat Mushroom, Tomato, Avocado, Homemade  
Baked Beans, Hummus, Dukkah, Spinach, Sourdough (VE)(N)

### CREAMY WILD GARLIC MUSHROOMS 9.95

On Toasted Sourdough, Rocket Pesto, Fried Egg (V)

### 'HARRYS' ONE PAN BREAKFAST 8.50

Chris Watson Sausage, Homemade Baked Beans,  
Baked Eggs, Avocado, Toasted Sourdough

### SMASHED AVOCADO ON TOAST 8.50

Beetroot Hummus, Toasted Sourdough, 2 Poached Eggs,  
Chili & Coriander (V)  
Add Smoked Salmon 3.00 or Halloumi 2.50

### LOCAL FREE RANGE EGGS ON TOAST

On 2 slices of Toasted Bloomer with your choice of:

- Poached or Fried Eggs 5.95
- Scrambled Eggs 6.50

To provide quicker service, during busy periods there may not be variations with the above dishes. Thank you for your understanding

#### Extras: priced per item

Smoked Salmon	3.00
Halloumi, ½ Avocado, Hummus,	2.50
Chris Watson Butchers Sausage, Organic Black Pudding	2.00
2 Bacon, Mushroom, Scrambled Eggs, Homemade Beans	1.75
Tomato, 2 Poached/Fried Eggs, Spinach	1.50

### PANCAKES 8.25

#### AMERICAN STYLE PANCAKES

Streaky Bacon, Greek Yoghurt, Maple Syrup & Berries

#### BANANA PANCAKES (VE)

Date Caramel & Blueberries

### TOASTED BLOOMER BREAD 2.75

Locally Made White or Granary Toast served with Butter and your choice of:

- Jam, Honey, Marmalade, Marmite 30p extra
- Sourdough, Peanut Butter, Nutella £1.00 extra

### BREAKY CIABATTA 8.25

Sausage, Streaky Bacon, Egg, Hash Brown, Chilli Jam

### BACON CIABATTA 5.75

### SAUSAGE CIABATTA 6.75

Add Red Onion Marmalade 1.25

### HOMEMADE HONEY & ALMOND GRANOLA (N) 5.95

Greek Yoghurt & Honey (no refined sugar)

Add Banana & Berries £1.50

### FRESH JUICES 4.00

#### GINGER MONKEY

Carrot, Orange, Ginger

#### SWEET & SOUR

Apple, Lime & Pineapple

#### MORNING MOCKITO

Apple, Mint, Cucumber,  
Lime

### SMOOTHIES 4.00

#### BREAKFAST BOOST

Peanut Butter, Honey,  
Oat Milk, Banana, Chia  
Seeds (N)

#### BERRY BERRY GOOD

Mixed Berries, Banana,  
Yoghurt

#### TROPICAL STORM

Coconut Milk, Mango &  
Pineapple

PLEASE DO NOT HESITATE TO ADVISE ONE OF OUR LOVELY STAFF OF ANY ALLERGIES OF INTOLLERENCES YOU MAY HAVE AS SOME DISHES DO NOT STATE ALL INGREDIENTS.

GLUTEN FREE BREAD AVAILABLE ON REQUEST (VE) = VEGAN/ (V) = VEGETARIAN/ (GF) = GLUTEN FREE/ (N) = CONTAINS NUTS

WHILST WE ENDEAVOUR TO ENSURE OUR DISHES DO NOT CONTAIN ALERGENS WHERE STATED. TRACES MAY BE FOUND DUE TO SUCH ITEMS BEING PRESENT IN OUR KITCHENS.

Everything we serve is made from scratch – Our meat is from Chris Watson Butchers in Highcliffe – All our Eggs are free range from Noahs Ark Farm in Ashley – Our bread is from The Bread Port Bakery in New Milton